



COLUMBIA TAE KWON DO

Got Questions? Text us@
518.375.1444 kickhigh.info



WINTER 2025	MON	TUE	WED	THU	FRI	SAT
4:45PM	INTERMEDIATE 4:45		INTERMEDIATE 4:45		PRIVATE LESSONS 3:30 - 4:30	
5:00 PM		Basic SKILLZ (Ages 5-6) 5:00		Basic SKILLZ (Ages 5-6) 5:00	SPECTRUM SKILLZ 4:30	PRIVATE LESSONS 10 - 12
5:30 PM	Early SKILLZ (Ages 3-4) 5:30	BEGINNER 5:30	Early SKILLZ (Ages 3-4) 5:30	BEGINNER 5:30	PRIVATE LESSONS 5:30 - 7:00	BIRTHDAY PARTIES 1 - 3
6:00 PM	Basic SKILLZ (Ages 5-6) 6:00		Basic SKILLZ (Ages 5-6) 6:00			
6:15 PM		INTERMEDIATE CLASS #1 6:15		INTERMEDIATE CLASS #1 6:15		
6:30 PM	BEGINNER 6:30		BEGINNER 6:30			
7:00 PM		INTERMEDIATE CLASS #2 7:00		INTERMEDIATE CLASS #2 7:00		
7:15 PM	ADVANCED 7:15		ADVANCED 7:15			
7:45 PM		ADULTS 7:45		ADULTS 7:45		
8:00 PM	ADULTS 8:00		ADULTS 8:00			

- **PLEASE NO EATING IN THE SCHOOL - THIS WILL BE STRICTLY ENFORCED**
- **PLEASE DO NOT DROP OFF OR PICK UP CHILDREN AT THE CURB**
- **BE ON TIME FOR CLASS AND PICK UP CHILDREN PROMPTLY AFTER CLASS**
- **PLEASE KEEP UNIFORM CLEAN, TIDY, AND WRINKLE-FREE**
- **PLEASE KEEP ALL SPARRING GEAR (THE WHITES) ODOR-FREE**