



COLUMBIA TAE KWON DO

370 Columbia Turnpike — East Greenbush, NY 12144

Text Us Here: 518.375.1444

kickhigh.info



facebook.com/columbiataekwondo



@ColumbiaTKD



@ColumbiaTKD

CLASS SCHEDULE

Winter 2023	Mon	Tue	Wed	Thu	Fri	Sat
5:00 PM		Basic SKILLZ (Ages 5-6) 5:00 PM		Basic SKILLZ (Ages 5-6) 5:00 PM		SPECTRUM SKILLZ 9:00 AM
5:30 PM	Early SKILLZ (Ages 3-4) 5:30 PM	Beginner Tae Kwon Do 5:30 PM	Early SKILLZ (Ages 3-4) 5:30 PM	Beginner Tae Kwon Do 5:30 PM		BIRTHDAY PARTIES BY
6:00 PM	Basic SKILLZ (Ages 5-6) 6:00 PM	LEADERSHIP TRAINING 6:15 PM	Basic SKILLZ (Ages 5-6) 6:00 PM	LEADERSHIP TRAINING 6:15 PM	ALL RANKS OPEN CLASS	APPOINTMENTS 1:00:00 PM
6:30 PM	Beginner Tae Kwon Do 6:30 PM	INTERMEDIATE TAE KWON DO 6:50 PM	Beginner Tae Kwon Do 6:30 PM	INTERMEDIATE TAE KWON DO 6:50 PM	Leadership Students ONLY 6:00 PM	
7:15 PM	LEADERSHIP TRAINING 7:15 PM		LEADERSHIP TRAINING 7:15 PM		BLACK BELTS ONLY 7:00 PM	
7:45 PM	ADVANCED TAE KWON DO 7:50 PM	ADULT OPEN BY INVITES 7:45 PM	ADVANCED TAE KWON DO 7:50 PM	ADULT OPEN BY INVITES 7:45 PM		

